

Nurse and Nurse Leader Work-Life Balance and Well-Being

Nursing Leadership Strategies for Success



What We Offer

A 2.5 Hour Leadership Workshop conducted on our ZOOM Pro Platform with technical support (live option also available at higher fee).

Affordable Fee - \$2500.00 all-inclusive if virtual for up to 95 leaders.

Our Fee Includes the Following:

*A focus group conducted before the session with your leaders to customize the content to your needs.

*Collaboration with your CE Coordinator for contact hours.

*A PDF workbook sent in advance of the session.

*Workshop conducted by Dr. Rose Sherman, a nationally known leader development expert and author.

A Workshop for Experienced and Emerging Nurse Leaders

Nursing care has become increasingly complex, and high patient volumes are the new norm. New nurses who enter healthcare environments are less work ready. They have lower baseline mental health and increasingly focus on choosing employers who prioritize their well-being and offer flexible schedules. Nurse leaders nationwide now struggle with lower staff engagement, promoting professional accountability, and skyrocketing PTO and FMLA use rates. Taught by a national thought leader on nursing leadership, this highly interactive workshop aims to provide actionable tools and strategies for leaders to promote staff and nurse leaders' well-being to meet both the needs of patients

Our Workshop Topics Include the Following:

- *The Social Determinants of Work-Health
- *The Evidence on Well-Being in Today's 24/7 Connected World
- *Well-Being as a Recruitment and Retention Differentiator
- *Setting Expectations about Professional Accountability
- *The Relationship Between Well-Being and Engagement & Unplanned Leave Usage
- *Coaching Staff to Promote Well-Being
- *Nurse Leader Self-Care
- *Building Leadership Boundaries